

WEEKLY EXERCISES TO CONNECT WITH GAIA PART XXX.

to be published on Thursday August, 4, 2022

*Experience yourselves as effective
in the occurrences of the world
and deal carefully
and mindfully
with your influential power –
you light-filled Human Beings.
End the war
within yourselves,
make peace with yourselves,
your divine spark,
and carry this peace
into the world.
Illuminate your inner world
and the world surrounding you.
Recognise each other
as the luminous beings
that you are.
(Michael)*

With this week's weekly meditation, we are concluding our current cycle of weekly meditations for a summer break. We will explore how we can continue the cycle in the autumn.

*We'd like to thank Andrea Rosslan Brandt for the Gaia messages and Marko Pogacnik for the exercises, and to our LifeNet translators for their tireless work on the Weekly Meditations.
LifeNet organising team*