

Dear LifeNet collaborators!

The developments in Ukraine can lead to the Earth destruction. Gaia as the Mother of Life knows an emergency heart system that we as human beings should support in its activation:

1. Start by doing the exercises 1. to 3. from the LifeNet "Peace to Ukraine" Exercises one after another or choose one. (They are repeated below)
2. Then imagine that the breathing holes of the white (feminine) dragon are distributed all around the planet.
3. Crystal flames colored green come out of those breathing holes.
4. The crystal green light condenses in the atmosphere to create a green sphere around the Earth with the quality of the primeval (cosmic) love.
5. Put several worlds' political leaders into a sphere of white light so that they can not be inspired by the forces of destruction.

Exercise 1

1. People of goodwill all move to the large plain of the Eastern Europe to form a large circle around Ukraine, Belarus and Russia
2. We create an open space and invite ancestors of those nations from the spiritual world, angelic beings that guard the archetypes of the three Slavic nations and the mighty elemental beings from the Earthly kingdoms to descend and to touch the hearts of those entangled in the warfare with the inspiration of divine grace and of peace from the heart of the Earth.

Exercise 2

1. Imagine that the space of your heart is like a cloud containing immense quantities of water.
2. Let the water of our hearts rain upon the regions entangled in the war inside of Ukraine to extinguish the dangerous fire of warfare.

Exercise 3

The western border of Ukraine touches the dragon backbone of Europe that runs from the Pyrenees through the Alps and Carpathian Mountains to the Black Sea. The Carpathian Mountains are the region where Ukraine touches the mineral dragon of Europe.

1. The great plain of Ukraine, Belarus and Russia is the home of the *feminine aspect* of the primeval power of the Earth. and like a white snake it is coiled in the underground of these three countries.
2. The white snake represents the dragon powers of humility, love and wisdom.
3. We imagine that within the earth the white dragon has openings for breathing distributed throughout these eastern lands.

4. The white dragon begins to breathe. Multitudes of light balls emerge from its breathing openings to fill the East European space with the message of humility, love and wisdom.

Thank you!
Life Net organizing team



YIN AND YANG DRAGONS IN EUROPE * MARKO 2022