

WEEKLY EXERCISES TO CONNECT WITH GAIA PART II.

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New Jerusalem

(Text by Andrea)

Illuminating light –
Christ light
from the depths of the earth;
When it reaches the hearts of men,
the seed of steadfast love,
which is planted in the heart of the human being,
springs up.
Illuminates all living entities on earth,
warms all interactions
and brings about
peaceful,
communal existence
everywhere.

(Exercise by Marko)

- We have become conditioned to living and creating within a spatial structure that has been constructed piece by piece over the course of the past patriarchal era.
- We now see how this structure begins to collapse through ecological disasters and human greed for possession and power.
- In your imagination turn around and look back into the past, which is also our future.
- Two millennia ago a specific cosmic inspiration touched the Earth that we call the Christ Light.
- For several moments look into the Light and Love of that cosmic inspiration that exists behind you.
- Now imagine that you turn forward and bring and radiate that Light and Love into the world.
- *Be the seed of the future civilization of peace that we know under the name New Jerusalem. (Jerusalem means Place of Peace.)*