

# MICHAEL MESSAGES

## PART XIX.

*to be published on Thursday, December 16, 2021*

17.01.2021  
(Text Andrea)

*Human beings -  
trust in the spiritual world.  
Seek advice.  
Find therein a shared way  
to become new.  
The old no longer matters.  
Seek, find and keep  
your contact with the spiritual realm. Thank you.  
You will be accompanied.  
Entrust yourselves.  
Inner dialogues will prove to be helpful  
for the necessary outer steps.  
Let me be your companion.  
(Michael)*

(Exercise from Marko)

- Imagine yourself surrounded by such a thick cloud of fog that you have lost your orientation.
- Put your hands together with fingers intertwined so that you can use it as a step.
- Imagine standing on this narrow platform and looking around. You still can't see enough to orientate yourself.
- You need to step higher. Stand on your shoulders.
- You have now reached the level of the angelic world. Look around to get a feeling for the sphere of the angelic world. There is no smog at this level.
- Take courage and make few steps into the sphere of the angelic world to get some insights into this world that protects and inspires us along the path of our incarnation.
- Finally step down, following the same steps, to reground yourself.