

## **October Telepathic LifeNet Workshop – Changes continuation**

Saturday October 30<sup>th</sup> 2021 in the morning, starting at 9.00.

Repeated Wednesday, November 3<sup>rd</sup>, starting at 20.00 in the evening.

The workshop program can be found in different languages on these web pages:

[www.lifenet.si/meditations](http://www.lifenet.si/meditations) or <https://www.lebensnetz-geomantie.de>

- We work in alignment with the Sun, so start at the given hour according to your local time.
- If needed, review the Guidelines for Telepathic Workshops published on these two websites.
- Study the workshop plan beforehand, have it printed with you or available on your computer or phone so that you can follow the sequences.

Since we each have different rhythms of how we engage in our spiritual work we no longer need to propose specific timeframes for each exercise of the workshop. Take as much time as you need for each sequence, and remember that we maintain our group cohesiveness as we move through the work.

### **9.00 (or 20.00) Tuning of the Group**

1. Be aware that as a group we are scattered around the world. Move your subtle antennas and feel the presence of the group members.
2. We form a circle and invite ancestors and descendants of the human race to join the circle. Be aware of how you feel as they stand with us in the same circle.
3. Now we invite the elemental and archetypal beings of the Earthly kingdoms to join us. We also invite the beings of the angelic network. Be aware of how you feel as they stand with us in the circle.
4. To tune to the same time level, regardless of your local time zone, imagine a spiral coming out of the Earth to lift us to the time level that connects us. If interferences come up for you during the workshop, you may return to this protected space and continue from there.

### **Sequence 1: To increase one's sensitivity**

1. Imagine standing at the edge of a river, the water running pure and clear.
2. Take a handful of water into the bowl of your hands and carry it over your head (make the gesture!) and release it to flow upon your neck.
3. The water flows slowly along your back towards the Earth. It flows not only upon the outer surface of your back but also along its inner side.
4. Repeat the gesture a few times.
5. Then look from your back towards the environment in front of you. It would be most ideal if you can do the exercise in front of a natural environment, a tree, a mountain, a rock...

### **Sequence 2: Get to know micro-elementals (Gaia Sparks)**

The clouds of tiniest beings make space alive. They compose large swarms carrying around the basic principles and building units of the Earthly universe. As a huge collective they dynamically embody the wisdom and creative power of Gaia consciousness. They constantly create a bridge between the archetypes of creation and the world of elemental beings. Consequently elemental beings are capable of creating etheric forms of the manifested world level.

At the next level of the creation process a similar bridge composed of viruses, microbes, fungi and insects connects the activity of elemental beings with embodied reality. They enable the process of Gaia creation to reach the material level of embodiment. This double bridge can enable the space of the Earth to evolve and manifest a new level of paradise. The present pandemic projection upon humanity can be seen as an attempt to hide the fact that Gaia and her helpers are about to reconstruct this double bridge. By misusing the Covid-19 virus a stamp of deadly danger is being projected upon this evolution. The truth is exactly the opposite. The recent emergence of the world of viruses in our awareness is a sign that the Earth changing process is moving towards the embodiment of a new reality.

1. To enable you to perceive these tiniest beings, imagine yourself as huge as a giant.
2. Then imagine that you are no higher than to your ankles. Perception of the micro-elementals will succeed if you can imagine that you are in both dimensions at the same time – eventually alternating one dimension with the other.
3. We now start to perceive the world of Gaia Sparks (micro-elementals). Bow down and hold that tiny version of yourself in your hands. (You are still a giant!) Lift yourself to the level of your belly and look around. From this perspective it is possible to sense the presence of the micro-elementals at the level of vital processes.
4. Do not be startled if you perceive the micro-elementals as unexpectedly big – this is due to your own gigantic posture that magnifies your perception.
5. Then lift your tiny self to the level of your heart. At this level you can perceive the spiritual dimension of the Gaia Sparks.
6. With this perception open your hands and send these swarms of Gaia Sparks around the world, among fellow human beings to inspire them with the quality of inner peace. With this peace they – and we – can feel and know the guidance of our souls while walking through this challenging time of universal change.

### **Sequence 3: It is time for the guiding spirits of the patriarchal epoch to be detached from their false roles**

In this sequence we shall address recent transformations within the elemental and archetypal worlds of the Earth. It is tragic that a part of the world of elemental beings and their masters was manipulated into roles of darkness by distorted human intentions– to support warfare, the exaggerated accumulation of wealth and power, and to create famine, environmental destruction, and other forms of suffering. All this is contrary to their true essence.

The recent changes in the constitution of the cosmos and the decomposition of hierarchical orders have offered the possibility to free these beings from the roles that the patriarchal epoch forced upon them. As representatives of the human race we are called to work on their liberation because humankind and our political and religious decisions caused their enslavement.

1. To initiate the liberation of the enslaved elemental and archetypal beings of Gaia we weave between our hearts a membrane composed of fine rainbow-colored threads, all over the Earth, a planetary membrane.
2. Then we lift the membrane to the level of our highest chakra, to the highest point over our heads that we can reach with our hands. (Make the gesture!) As you do this, ask beings from spiritual and other worlds that collaborate with our telepathic workshops to create a similar membrane at a higher level.

3. Now ask that the enslaved elemental beings and their masters glide through the membrane and continue with this upward surge until they reach and are enfolded within the renewed Cosmic Matrix of the five Elements. The Cosmic Matrix is positioned at the highest level of the Earthly cosmos.
4. By absorbing this high frequency of information and energy they can instantly attune to the renewed cluster of the multidimensional Earth and find their new roles in the evolving Gaia Culture.

#### **Sequence 4: Quantum leap of the love power on Earth**

Recent changes in the organism of the Earth reveal that beings of nature and elemental beings of landscapes are able to uphold life at the embodied level by permanently making love to each other. Modern human perceptions ruled by the intellect have hidden these intense loving processes from our awareness. Believing that relationships between beings of Gaia have a mere organic character prevents us from realizing that the power of love is a thousand times stronger and more beautiful than the power of the intellect.

The recent emergence of a horizontally organized heart system is an indication that human beings are ready to become beings of a great power of love – it can be called a “Three Hearts System.”

The system begins with the heart muscle where the matrix of the human essence is housed in the fifth chamber. It then follows along the horizontal Three Hearts line to the heart chakra, where the cosmic love focus at the back is coordinated with the one in the front. The third heart focus can be imagined at the right side of the thorax, as a fractal of paradise. We have carried this holographic fractal of paradise within us after leaving the paradise-like era of the Goddess culture, as a signpost to keep from becoming lost while walking through the difficult circumstances of the subsequent patriarchal era.

The Three Hearts System can be called into existence by practicing following Gaia Touch exercise:

1. Using both hands create a mandorla form in the front of your heart muscle. Form the lower point of the mandorla by connecting both thumbs and the upper point by connecting the tips of the index and the middle fingers.
2. This formation of both hands should be moved horizontally to the right as far as possible. Simultaneously move the head in the opposite direction, to the left.
3. Then move the mandorla in the direction of the heart muscle to the left, imagining that the movement is done at body's back side. The head should be simultaneously positioned towards the left.
4. After a short break the mandorla should be moved to the heart center with the head now looking straightforward.
5. Now open the mandorla form, opening the hands widely to share the power of the three hearts with the world.

(See the drawing at the end of the text)

#### **Sequence 5: The powerful intelligence that pushes humanity into the world of duality is now ready to leave for eternity**

This sequence is a continuation of the Sequence 3. Connected again to the loving power of our hearts we are now strong enough to declare farewell to the spirit and principle of duality. For ages the spirit of duality has occupied the Earth and humanity by splitting us into two conflicting parts: a good and an evil, a rich and a poor. This duality has always

remained hidden beneath the surface of life while the beings of the Earth, including humanity, have suffered ongoing conflicts.

1. Imagine weaving between our hearts a membrane composed of fine rainbow-colored threads. This time trees, rivers, mountains, animals and oceans also take part in our circle.
2. Then we lift the membrane as high as mountains can reach and as deep as the deepest ocean. Ask beings from the spiritual and other worlds to create similar membranes at their levels.
3. Next we all make strange sounds to create an upward surge of energy that carries the spirit of duality through all the membranes.
4. Ask the mighty angelic beings (cherubim) to find a proper place in the universe for this being and spirit of intelligence and duality (now purified) where it can become useful for the prosperity of the whole.
5. Express your gratitude.

#### **Sequence 6: We continue to support the birth process of the new space of reality**

The new space of reality is not built upon the principle of duality. The new space comes into being based upon the principle of connectedness.

1. Be aware that all beings of nature and the landscape exist by making love to each other.
2. In your imagination go to a forest that you know from your experience and feel the bonds of love connecting trees and all beings of the forest visible and invisible.
3. Then imagine walking through a landscape familiar to you, touching different aspects of that landscape, caressing them as you would caress a cat, a child, or some other being that you love.
4. Now focus your attention to the embryo of the new space of reality that Gaia and her co-creators prepare to be born into our manifested world.
5. Be aware that the loving connections that we experienced moving through steps 1 through 3 above represent the placenta from which the embryo in the mother's womb receives nourishment to grow and to develop.
6. Finally experience yourself as being nourished and caressed by the sphere of love that beings of the Earth and Universe create all around you. Create and spread roots that are deeply connected in the placenta of love that surrounds you.

#### **Conclusion**

- Give thanks to each other and to our guests from the parallel worlds, including our ancestors and descendants.
- Please participate and collaborate once again when the workshop is repeated to make its message strong and clear.
- Use single exercises from the workshop whenever you feel that they are useful to you or humanity.
- Post your experiences at [www.lifenet.si](http://www.lifenet.si) to share them with the group.

POST THE DRAWINGHERE FOR SEQUENCE 4

NOTE FOR TRANSLATORS: the introductory part and conclusion have not been changed since the last workshop. Word for Gaia Sparks can be simply written in English "Sparks", or use "micro-elementals" or invent a name in your language.