To Create New Relationships between Human Culture and Gaia's Beings

Telepathic LifeNet workshop, Saturday, May 15th from 9.00 till 11.10 in the morning. Repeated on Wednesday May 19th from 8 p.m. till 10.10 p.m. in the evening.

The workshop program can be found in different languages on these web pages: www.lifenet.si/meditations or https://www.lebensnetz-geomantie.de

- We work in alignment with the Sun, so start at the given hour according to your local time.
- If needed, please read the *Guidelines for Telepathic Workshops* published on these two websites.
- Be sure to have the workshop plan printed with you, or have it ready on your computer or phone, so that you can follow the timetable.

9.00 – 9.10 Tuning of the Group

- 1. Be aware that as a group we are scattered around the world. Move your subtle antennas and feel the presence of the group members.
- 2. We form a circle and invite ancestors and descendants of the human race to join the circle. Be aware of how you feel as they stand with us in the same circle.
- 3. Now we invite the elemental and archetypal beings of the Earthly kingdoms to join us. Be aware of how you feel as they stand with us in the same circle.
- 4. With our imagination we create our workshop space. The space has a spherical form composed of several layers of subtle membranes.
- 5. To tune to the same time level, imagine a spiral coming out of the Earth to lift us to the time level that connects us. If interferences come up for you during the workshop, return to this protected space and continue from there.

9.10 – 9.30 Become Free from Patterns and Powers Useless for the Future

To create a safe release and leave behind the adversity of pandemics, we need to free ourselves from patterns and powers that hold us <u>collectively</u> imprisoned in a past that no longer exists. Each one of us can contribute to this collective liberation by transforming those powers and patterns individually. Know that Gaia offers her help:

In the exercise we will move towards the core of the Earth that we honor as the inner Sun of the planetary world's cluster. We will move towards the core of the Earth through the colors of the rainbow.

- 1. Turn your face toward the shiny core of the Earth and jump into the Earth as if you were jumping head first into a deep lake.
- 2. But instead of moving through water you move through a rich layer of the color violet. Move with a slow deliberate motion so that the violet layer can absorb some of the densest powers and patterns from your body. How does it feel?
- 3. Next (still falling with your head first towards the core of the Earth) you move through a rich layer of color blue. Move with a slow deliberate motion so that the layer of blue can absorb more of the past powers and patterns from your body. How does it feel?
- 4. Next you move through a rich layer of the color green. Move with a slow deliberate motion so that the layer of green can absorb some more of the past powers and patterns from your body. How does it feel?

- 5. Next you move through the rich layer of the golden aura of the Earth core to recompose the universe of your body in a new way. Move with a slow deliberate motion so that you can feel the love of the Earth wisdom that restores you. How does it feel?
- 6. Then turn your head up and swim back to join your presence in here and now. How does it feel?

9.30 – 9.50 To Support the Soul Essence of Humanity.

Humanity is a spiritual body composed of two equal halves. One half is embodied and the other half lives in the etheric realms. During the oppression of the rational era the body of humanity was torn apart. Rationality concentrated and focused on our incarnated aspect, while the invisible etheric dimension of humanity was denied, perceived as a region of death. The soul essence that connects both aspects of our divine humanity almost perished. Since each of us is a member of the human family we can individually contribute to the healing of the split between the two halves of the human family.

- 1. First, identify with the soul of humankind for a moment. Feel how exhausted your body is, like a hollow envelope, nearly without pulsing blood and life streams.
- 2. Imagine that the LifeNet community immediately approaches you (LifeNet cocreators and other people of goodwill arriving from all sides of the globe) and carries you into the temple dedicated to the elemental heart of the Earth.
- 3. Standing in the middle of the round temple you feel the golden rays of the core of the Earth healing you. Take time to feel the healing process within yourself while you represent a fractal of humanity.
- 4. Then look around and see the columns of the temple transform into a magic grove of trees.
- 5. Walk through the grove along a dancing creek and inhale its beauty. Allow yourself to be renewed and remember that you stand for the soul essence of the human family.
- 6. Now you arrive at a large door that appears as a veil composed of layers of translucent blue color.
- 7. Go consciously through this door and find yourself in a wide, crystal clear space where there is no division between the manifested and etheric realms. Enjoy the space where the human race exists as one family, even if presently we live inside of two different spheres of reality.

9.50 – 10.00 Take a brief pause

10.00 – 10.20 We Renew Our Contract with the Evolutions of the Earth

When humanity accepted incarnation upon the Earth, we entered into a contract to join the family of beings already existing upon the planet in a harmonious and cooperative way. During the last millennia humankind has forgotten and neglected these agreed upon rules of behavior. Before the web of life is destroyed under the pressures of the current human civilization we must renew the broken contracts as a sign of hope for all the oppressed beings of the Earth.

Imagine that you enter a large building where each of the Earth's kingdoms has its own room to represent its place and role in the cluster of the planet's worlds – visible and

invisible. We all move in a line through its rooms and freely and joyfully sign contracts in one room after another.

First we are called to sign the basic contract that manages human culture's relationship with the world of the primeval creative powers of creation – called "dragon powers." To sign that contract we walk down spiral steps deep into the cellar of the building.

- 1. We will first sign the contract with the masculine aspect of dragon powers.
- 2. They offer to hold our human backbone from the coccyx up to our neck alive as a pulsating column of watery fire.
- 3. Representing the human family we declare that we are ready to use this primeval power creatively in the embodied world through the power of the word (the throat chakra) and the action of our hands.
- 4. Now we sign the part of the contract related to the feminine dragon power the "dragoness."
- 5. Be aware of the dragoness presence. How does it feel?
- 6. Touch with your forehead forehead to forehead the sphere of her presence and allow the touch to resonate within your heart space.
- 7. The contract stipulates that our human heart system may resonate with the love power of Gaia herself under the condition that we are prepared to share this fantastic love power with <u>all</u> beings of the embodied world our environment.

10.20 – 10.50 We Continue Signing Contracts between the Human Family and the Coevolutions of the Earth

First we climb stairs to leave behind the realm of the primeval powers of Gaia.

- (1) We enter a room on the first floor above the ground; be aware you are surrounded by myriads of light beings similar to microbes. In my book *Dancing with the Earth Changes* I call them "Gaia Sparks."
 - Feel the presence of Gaia Sparks and allow your cells and the microbes of your body to freely float in the air. Give up for few moments the closed form of your body to give them freedom of movement.
 - The contract between the Gaia Sparks and humankind states that we should at all times allow the cells and microbes of our body to vibrate with the message of love and light carried through spaces of the Earth by the Sparks.
 - Be open to experience the basic attunement of your body as an instrument of creation.
- (2) The next room is dedicated to the elemental beings. Enter their "room" as you would enter a virgin forest.
 - Concentrate on its sounds, colors and smells. How does it feel?
 - The contract with the world of elemental beings states that they will make it possible for human souls to incarnate upon the Earth among minerals, animals, plants, and its landscapes.
 - Representing the human family we declare that we are ready and prepared to cooperate with elemental beings to protect and uphold the embodied Earth as a paradise.
 - Next we sign the contract stretch both of your hands open in front of you (make the gesture) and touch and feel the "hands" of the elemental beings.
- (3) The third room is dedicated to the fairy beings, in the Celtic tradition called "Sidhe" (pronounced "Shee"). Sidhe guard the archetypes of Earthly creation.

- Forget all pre-conceived concepts about Sidhe and feel their immediate presence as you enter their space.
- The contract between the human family and Sidhe states that we shall cooperate
 with them and with Gaia to create the cluster of the Earthly universe in such a way
 that the materialized Earth will become integrated into the cluster of the Earthly
 universe. In this common endeavor Sidhe work from the etheric plane using its
 potentials while humanity cooperates and co-creates from the manifested level.
- Sign the contract extend and place your right arm on the left shoulder of Sidhe as Sidhe places its left arm on your right shoulder. Feel the flow between you both.

10.50 – 11.10 What Is Missing Is the Contract with Gaia as Mother of the Earthly Universe.

- 1. Imagine entering a magic forest. Walking among its trees you arrive at the source of crystal clear water. At the source the Mother of the Earthly creation is sitting upon the ground. Sit in her lap.
- 2. While sitting in her lap your heart center connects to her heart center.
- 3. Trust her presence. Move with your attention backwards from your heart and through her heart into infinity behind her heart.
- 4. Then lay down into the water of the source to ground your experience in the memory of water that permeates all worlds and beings, humans included.
- 5. Lying in the pure water you realize that the touch of Gaia's heart has awakened within you the memory of your and our ancient contract with her. While lying in the water you can feel the contract behind your back as a pattern in pure gold.
- 6. Allow the golden pattern to enter your body so that all the cells and microbes of your body can absorb its information as well as all the birds, clouds, stones, trees, mountains the entire world around you.
- 7. Feel free of past burdens and move freely through the space light as the light itself.

11.10 Conclusion

- Give thanks to each other and to our guests from the parallel worlds including our ancestors and descendants.
- Also please participate and collaborate once again when the workshop is repeated to make its message strong and clear.
- Do those exercises that you feel important at any time you wish.